



## Our Lenten Obligation



Church law considers every Friday and the season of Lent as penitential days and times. The practice of penance is a part of our faith and Christian Life. When we do penance, we imitate Jesus, who Himself recommended it as necessary to His followers, and gave them the example of His prayer and fasting.

The Lenten obligation, as determined for Catholics in the United States by our bishops, require that fasting be observed on Ash Wednesday, Good Friday, and each Friday during Lent.

**Who must fast?** All Catholics who are between the ages of 18 and 59. The obligation ceases when one begins his/her 60th year on his/her 59th birthday.

**Who must abstain?** All Catholics who are 14 years and older.

**What does fasting mean?** The observance of fasting means that those obliged may take only one full meal on the day of the fast. Two lighter meals (not equal to another full meal) may be taken to maintain strength according to one's needs.

**What does abstinence mean?** The law of abstinence forbids the eating of meat. Voluntary abstinence refers to refraining from lawful pleasures in a spirit of penance.

**Can anyone be dispensed or excused from fasting and/or abstinence?** Individuals for a just cause may be dispensed by their pastor or by a priest with the faculty to do so. In our Diocese all priests may dispense individuals who are committed to their pastoral care. Those who are ill or have a similar serious reason are excused from the observance of fasting and abstaining.

Catholics are reminded that they should not lightly excuse themselves from this obligation.

**What desert  
wisdom can  
Jesus offer  
us in this  
longest Lent?**



**NOW ENROLLING**  
**3 & 4 YEAR OLDS**  
**thru 8th Grade**  
**EXTENDED CARE OPTIONS**  
**7:00 AM - 5:30 PM**

**REGISTER ONLINE or CALL**  
[www.sacredheartreading.com/register](http://www.sacredheartreading.com/register)  
**610-373-3316**

**SACRED HEART SCHOOL**  
 ENLIGHTENING MINDS ♥ ENRICHING SOULS ♥ INSPIRING HEARTS




## SACRED HEART CHURCH

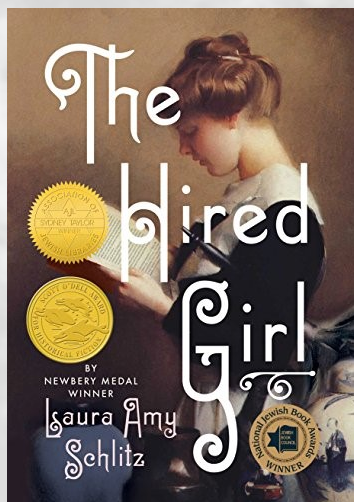
### *Stations of the Cross*



*Wednesday 1:15 p.m.*

*Friday 7:00 p.m.*

*Holy Rosary Stations on Friday @ Noon*

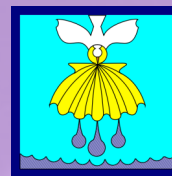


Please join us at the  
 Sacred Heart Book  
 Club!

**March 2, 2023**  
**@ 7:00 P.M.**

In the Parish Center  
 The book is:

## SACRAMENT OF BAPTISM



**Colette Christian**

*Born October 24, 2022*

Daughter of Stephen and  
 Alexa Christian



**Emilia Peralta**

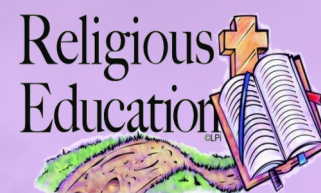
*Born November 24, 2014*

&

**Maxwell Peralta**

*Born November 25, 2019*

Children of David and Jiolka  
 Peralta



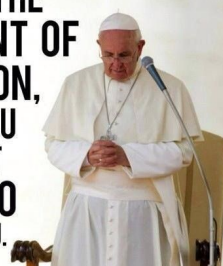
**March 1st, First Penance**

**6:00 P.M. @ the Church.**

(Make up day, March 8th)

**DON'T BE AFRAID  
 TO GO TO THE  
 SACRAMENT OF  
 CONFESSION,  
 WHERE YOU  
 WILL MEET  
 JESUS WHO  
 FORGIVES YOU.**

*Pope Francis*





## March 2023 LECTOR SCHEDULE

### March 4/5

#### 2nd Sunday of Lent

5:00 PM Steven Bell  
7:30 AM Vince Moffitt  
9:30 AM John Gleason  
11:15 AM Bill Wellock

### March 18/19

#### 4th Sunday of Lent

5:00 PM Terry Vogel  
7:30 AM Beth Tharp  
9:30 AM Lou Sutherland  
11:15 AM Margaret Hueske

### March 11/12

#### 3rd Sunday of Lent

5:00 PM Mary Ann Kelly  
7:30 AM Kathy Nevel  
9:30 AM Mary Ann Kase  
11:15 AM Karen Ann Cameron

### March 25/26

#### 5th Sunday of Lent

5:00 PM Sandie Wrable  
7:30 AM Mike Gallagher  
9:30 AM Denise Mogel  
11:15 AM John Sylvester



St. Joseph has two feast days on the liturgical calendar. The first is March 19—Joseph, the Husband of Mary. The second is May 1—Joseph, the Worker.

“Saint Joseph is a man of great spirit. He is great in faith, not because he speaks his own words, but above all because he listens to the words of the Living God. He listens in silence. And his heart ceaselessly perseveres in the readiness to accept the

Truth contained in the word of the Living God,” Pope John Paul II had once said.

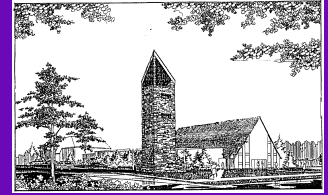
There is very little about the life of Joseph in Scripture but still, we know that he was the chaste husband of Mary, the foster father of Jesus, a carpenter and a man who was not wealthy. We also know that he came from the royal lineage of King David.

We can see from his actions in scripture that Joseph was a compassionate man, and obedient to the will of God. He also loved Mary and Jesus and wanted to protect and provide for them.

Since Joseph does not appear in Jesus' public life, at his death, or Resurrection, many historians believe Joseph had probably died before Jesus entered public ministry.

Joseph is the patron of many things, including the Universal Church, fathers, the dying and social justice.

## UPCOMING EVENTS



### First Penance

### SH Religious Ed.

### Sacred Heart Church

March 1st, 6:00 p.m.

### Sacred Heart Book Club

### Wachter Room

March 2nd, 2023 @ 7:00 p.m.

### Saint Joseph's Day Potluck Feast

### Sacred Heart Church

### SHS Gymnasium

March 20th, 2023 @ 6:15 p.m.





## **MARK YOUR CALENDARS!**

### **MONDAY, MARCH 20, 2023 – ST. JOSEPH DINNER!!**

That's right, plans are underway to have the St. Joseph Dinner on Monday, March 20<sup>th</sup> following directly after the Solemnity of St. Joseph Mass. Various groups from both parishes will be involved to bring back this important event for both parishes. We will have help from Coffee and Donuts, The Knights of Columbus, SVDP and others. In a nutshell, to those who have not experienced this parish-wide dinner event, it is a pot-luck dinner where all those coming bring either a main dish, a salad, or dessert as we break bread and socialize in the school's gymnasium. We are expecting a good turnout from those who we spoke to about bringing this dinner back.

Another intention of the dinner is to help aid the St. Joseph Pantry as we will be taking donations of paper products or canned goods as well as a 50/50 raffle will be offered to benefit the St. Joseph Pantry. Your participation will be greatly appreciated.

The time for the dinner is roughly 6:15 p.m. to 8:30 p.m.. More information will be coming in future bulletins. A few weeks before the dinner we will be putting paperwork in the pews so you have an opportunity to let us know how many from your family may be attending and what you intend to make for the event. Foil pans for your covered dish will be distributed a few weeks prior to the dinner after Masses. For those of you who have attended in the past, the routine is nearly the same. The dinner is open to parishioners from both Sacred Heart and Holy Rosary Churches and was last held in 2018. If you have helped with this dinner in the past, or you or your parish group would like to participate in preparation for this dinner, contact **Randy Bjorken at 610-375-6229, or contact Kirsten at the Rectory 610-372-4010.** Thank you!

**Recitation of the Rosary** is now on the weekly schedule, and we hope you can join us on Sunday mornings after the 9:30 a.m. Mass in the church and after Mass on Tuesday evenings. All are welcome!

#### **Important 2023 K of C dates for your calendar:**

MARCH 2 - Officer's Meeting – IHM Room 7:00 p.m.

MARCH 16 - Membership Meeting – IHM Room 7:00—8:30 p.m.; Rosary at 6:30 p.m. before the meeting.

MARCH 3, 10, 17, 24, 31, APRIL 7 – STATIONS OF THE CROSS – WEEKLY 7:00 p.m.

March 20 – **St. Joseph Dinner** – School Gymnasium after Mass – approx. 6:15 to 8:30 p.m.

*The Knights of Columbus Monsignor Bornemann Council membership is open to all practicing Catholic male adults, aged eighteen and over, who wish to serve their parish and community. Meetings are the third Thursday of the month. To join, contact John Sylvester at 610-451-6980, or go to [bornknights.org](http://bornknights.org) and fill out the Contact Form located on our website OR signup directly using the online KofC link.*



## **WELCOME TO THE PARISH**

Mr. and Mrs. Robert and  
Rebecca Orischak



Mr. and Mrs. Gabriel and  
Lisandra Peralta







**SAVE THE DATE!!**

# **ST. JOSEPH DINNER**

**Monday, March 20, 2023  
6:15p.m. to 8:30p.m.  
Sacred Heart School Gym  
following Mass**



**For those who have not experienced this parish-wide dinner event, it is a pot-luck dinner where all those coming bring either a main dish, a salad of some type, or dessert as we break bread and socialize in the SH school gymnasium. It is open to your entire family.**

**If you have helped with this dinner in the past, or you or your parish group would like to participate in preparation for this dinner, contact Randy Bjorken at 610-375-6229, or contact Kirsten at the Rectory 610-372-4010. Thank you!**

**Donations of paper products or canned goods will be collected as well as a 50/50 raffle will be offered to benefit the St. Joseph Pantry. Your participation will be greatly appreciated.**