



## Our Lenten Obligation



Church law considers every Friday and the season of Lent as penitential days and times. The practice of penance is a part of our faith and Christian Life. When we do penance, we imitate Jesus, who Himself recommended it as necessary to His followers, and gave them the example of His prayer and fasting.

The Lenten obligation, as determined for Catholics in the United States by our bishops, require that fasting be observed on Ash Wednesday, Good Friday, and each Friday during Lent.

**Who must fast?** All Catholics who are between the ages of 18 and 59. The obligation ceases when one

begins his/her 60th year on his/her 59th birthday.

**Who must abstain?** All Catholics who are 14 years and older.

**What does fasting mean?** The observance of fasting means that those obliged may take only one full meal on the day of the fast. Two lighter meals (not equal to another full meal) may be taken to maintain strength according to one's needs.

**What does abstinence mean?** The law of abstinence forbids the eating of meat. Voluntary abstinence refers to refraining from lawful pleasures in a spirit of penance.

**Can anyone be dispensed or excused from fasting and/or abstinence?** Individuals for a just cause may be dispensed by their pastor or by a priest with the faculty to do so. In our Diocese all priests may dispense individuals who are committed to their pastoral care. Those who are ill or have a similar serious reason are excused from the observance of fasting and abstaining.

Catholics are reminded that they should not lightly excuse themselves from this obligation.



**St. Joseph has two feast days on the liturgical calendar. The first is March 19—Joseph, the Husband of Mary. The second is May 1—Joseph, the Worker.**

"Saint Joseph is a man of great spirit. He is great in faith, not because he speaks his own words, but above all because he listens to the words of the Living God. He listens in silence. And his heart ceaselessly perseveres in the readiness to accept the Truth contained in the word of the Living God," Pope John Paul II had once said.

There is very little about the life of Joseph in Scripture but still, we know that he was the chaste husband of Mary, the foster father of Jesus, a carpenter and a man who was not wealthy. We also know that he came from the royal lineage of King David.

We can see from his actions in scripture that Joseph was a compassionate man, and obedient to the will of God. He also loved Mary and Jesus and wanted to protect and provide for them.

Since Joseph does not appear in Jesus' public life, at his death, or Resurrection, many historians believe Joseph had probably died before Jesus entered public ministry.

Joseph is the patron of many things, including the Universal Church, fathers, the dying and social justice.



# SACRED HEART CHURCH



*Stations of the Cross*

*Wednesday 1:30 p.m.*

*Friday 7:00 p.m.*

*Holy Rosary Stations on Friday @ Noon*



## Learn How to Weave Palms with Fr. Hutta

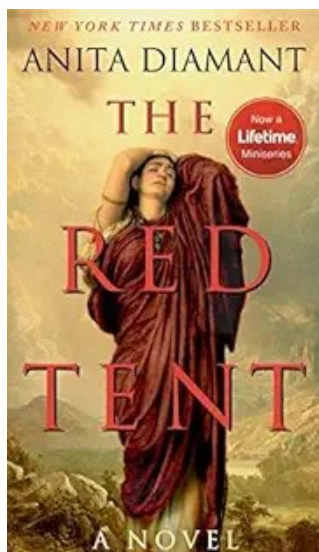
Wed. March 13th @6:00 P.M.

In the Wachter room

\$20 donation

Call Chris to RSVP @ 610-373-5579

There will be a Palm Weaving Class with Fr. Hutta and experienced Palm Weavers on Wednesday, March 13<sup>th</sup> at 6:00 PM in the Wachter Room. Donation is \$20 which gives you the materials and also a Palm for you to decorate to take home.



### SACRED HEART BOOK CLUB

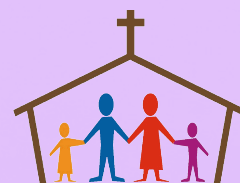
We will meet again in March to discuss a book. If you are interested, you can purchase, read the book on your own, and join us on:

MARCH 7, 2024

@ 7:00 P.M.

In the Bornemann Room

The Red Tent



## WELCOME TO THE PARISH

Mr. and Mrs. Donald and  
Margaret Riley



Mr. Kevin Polanco



## sacred heart Annual Easter egg HUNT!

Sunday,  
March 31st

FOLLOWING

11:15 a.m. Mass

Bring Your Own  
Baskets!



## March 2024 LECTOR SCHEDULE

<b>March 2/3</b> <b>5:00 PM</b> <b>7:30 AM</b> <b>9:30 AM</b> <b>11:15 AM</b>	<i>3rd Sunday of Lent</i> Dean Reber Kathy Nevel Lou Sutherland Karen Ann Cameron	<b>11:15 AM</b>	Bill Wellock/ John Sylvester
<b>March 9/10</b> <b>5:00 PM</b> <b>7:30 AM</b> <b>9:30 AM</b> <b>11:15 AM</b>	<i>4th Sunday of Lent</i> Mary Ann Kelly JoAnn Schmura Mary Ann Kase Margaret Hueske	<b>March 28</b> <b>7:00 PM</b>	<i>Holy Thursday</i> Mike Gallagher
<b>March 16/17</b> <b>5:00 PM</b> <b>7:30 AM</b> <b>9:30 AM</b> <b>11:15 AM</b>	<i>5th Sunday of Lent</i> Ann Reber Joe Tharp Lori Anewalt Beth Tharp	<b>March 29</b> <b>3:00 PM</b>	<i>Good Friday</i> Mary Ann Kase
<b>March 25/26</b> <b>5:00 PM</b> <b>7:30 AM</b> <b>9:30 AM</b>	<i>Palm Sunday</i> Steven Bell Vince Moffitt John Gleason/ Karen Piraino	<b>March 30</b> <b>8:00 PM</b>	<i>Easter Vigil</i> Sandie Wrable/ Lou Sutherland
		<b>March 31</b> <b>7:30 AM</b> <b>9:30 AM</b> <b>11:15 AM</b>	<i>Easter Sunday</i> JoAnn Schmura Denise Mogel Margaret Hueske



Make it a Great Lent! Take the survey...

THE  
DISCIPLE MAKER INDEX  
SURVEY



**Sacred Heart Parish** is on a journey to know, love and serve Christ better and thrive! WE WANT TO HEAR FROM OUR PARISHIONERS! Complete the Disciple Maker Index (DMI) survey today. The survey assesses our unique strengths and opportunities. Share your perspective now to help strengthen Sacred Heart Parish and better prepare us for the future! Hard Copies are Available by request at the Rectory and in the back of the church.

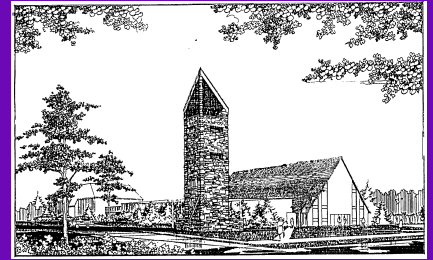
For the Disciple Maker Index (DMI) survey link, please visit:

<https://portal.catholicleaders.org/dmi/survey/b3372b>

Please continue to pray for this intention and for the



## UPCOMING EVENTS



### Sacred Heart Book Club

Wachter Room

March 7th, 2024 @ 7:00 p.m.

### Palm Weaving Class

Wachter Room

March 13th, 2024 @ 6:00 p.m.

### Saint Joseph's Day Potluck Feast

Sacred Heart Church

SHS Gymnasium

March 19th, 2024 @ 6:15 p.m.

### Easter Egg Hunt

Sacred Heart Church

Outside depending on weather

March 31st following 11:15a.m. Mass.







**The KofC Annual COAL/ Chance of A Lifetime** fundraiser tickets will be available for purchase March 2<sup>nd</sup>/3<sup>rd</sup> and March 9<sup>th</sup>/10<sup>th</sup> weekends in the Narthex. Proceeds from the COAL drawing directly benefits the annual Knights of Columbus PA State Council Student Scholarship Program. Prizes range from trips to cash and more will be awarded. This is a drawing held each year on April 30 and features 16 different major prizes. You could be a winner! Ticket are \$5 each.

Knights of Columbus will be hosting our **Light Lenten Meal** during Lent on Friday, March 8, and Friday, March 22 prior to the Stations of the Cross at Sacred Heart Parish Wachter Room starting at 6 PM. This free light meal consists of toasted cheese sandwiches and tomato soup served between 6 PM and 6:45 PM in the Wachter Room. Please join us!

**Recitation of the Rosary** is now on the weekly schedule, and we hope you can join us on Sunday mornings after the 9:30am Mass in the church and at 5:30pm before Mass on Tuesday evenings. All are welcome!

### **Important 2024 K of C dates for your calendar:**

**March 7 – Officer Meeting – IHM Room 7:00 p.m.**

**March 19 - St. Joseph's Day Pot-Luck Dinner - SHS Gym 6:15-8:30 p.m.**

**March 21 – Rosary/Membership Meeting – IHM Room 6:30-8:30 p.m.**

**Friday March 8, and March 22 - Light Lenten Meal – Soup and Sandwich before Stations of the Cross**

**COMING IN May – Wednesday, May 1, 2024 - KofC Spaghetti Dinner at Victor Emmanuel's**

**SAVE THE DATE - Annual Swing and a Prayer Golf Outing – Friday, August 16, 2024**

*The Knights of Columbus Monsignor Bornemann Council membership is open to all practicing Catholic male adults, aged 18 and over, who wish to serve their parish and community. Meetings are the third Thursday of the month. To join, contact John Sylvester at 610-451-6980, or go to [bornknights.org](http://bornknights.org) and fill out the Contact Form located on our website OR sign up directly using the online KofC link.*



### **OUR CONDOLENCES TO:**

The Estriplet Family and  
Friends on the passing of:

**Lloyd Estriplet**

**2-12-2024**



# Save The Date

## ST. JOSEPH DINNER

Tuesday, March 19th, 2024  
Following 5:30 p.m. Mass  
6:15 p.m. to 8:30 p.m.  
In the SHS Gym



**For those who have not experienced this parish-wide dinner event, it is a pot-luck dinner where all those coming bring either a main dish, a salad of some type, or dessert as we break bread and socialize in the SH school gymnasium. It is open to your entire family.**

**If you have helped with this dinner in the past, or you or your parish group would like to participate in preparation for this dinner, contact Randy Bjorken at 610-375-6229, or contact Kirsten at the Rectory 610-372-4010. Thank you!**

